



THE OPENING is waiting for YOU to Remember



July 31- August 04

+ 3 day (Aug 5-7) AMAZON Immersion extension

**Explore
Expand
Reflect**



The Journey of Self-Ascension you were born to remember



Your hosts & guides
Hank & Kira

Beyond Dogma, Dive into the Authenticity of your Divine Nature as you experience Ancient Wisdom and the **POWER** of the Integration of this energy into your life. Discover Timeless teachings that call forward your divine nature effortlessly with Peace, Love and Joy!

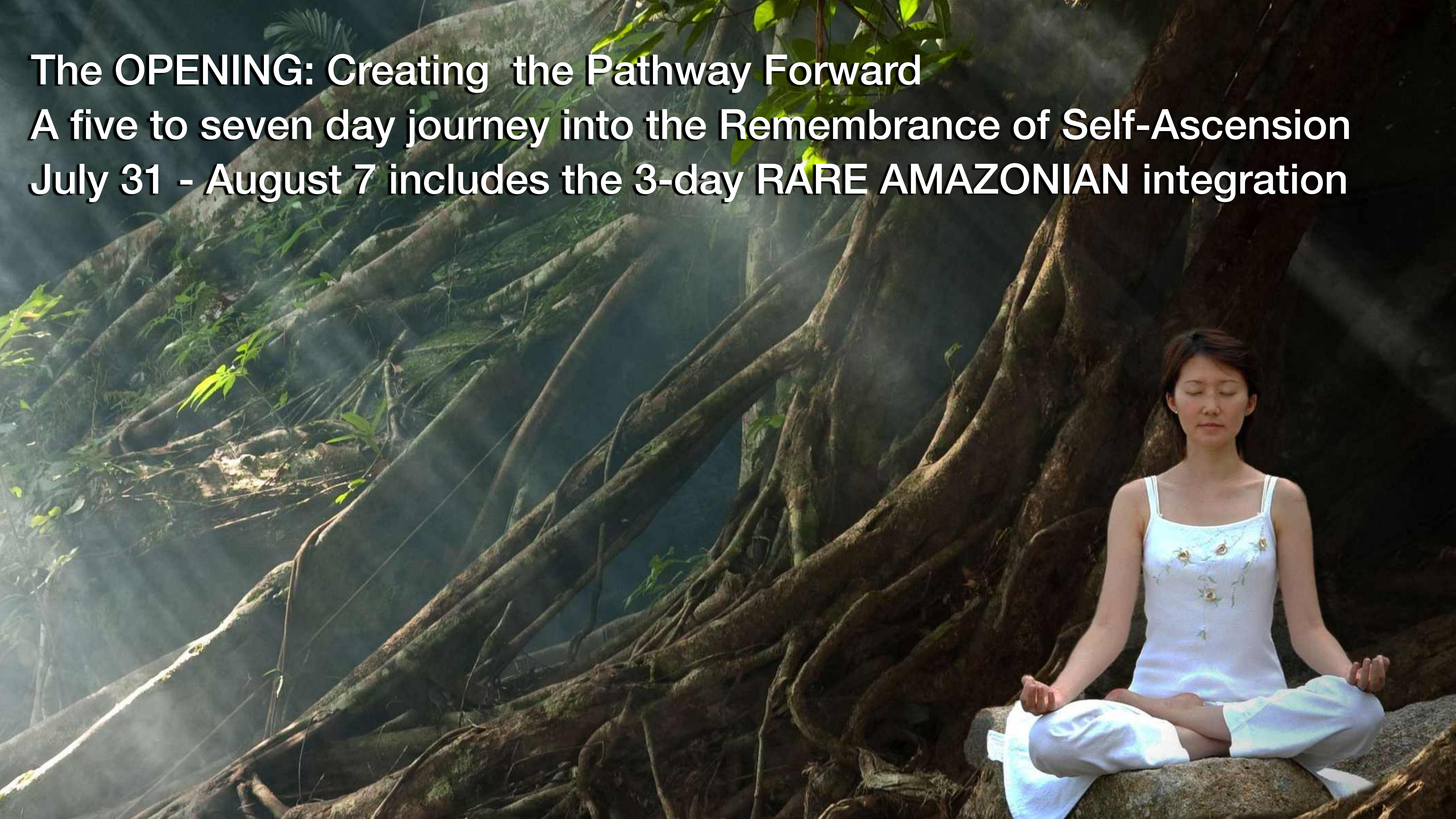
This is a **MASTERY-LEVEL TRAINING** with **HANK & KIRA...**
Everything is yours to RECEIVE, FEEL and EXPAND at Twelve Hummingbirds Sanctuary in the Andes mountains of Ecuador

*"We offer this journey of Oneness with a simple formula:
Presence, Awareness, Intention, Transformation
With this wisdom, one has the opportunity to achieve
Self-Ascension through Conscious Awareness. We are honored to walk
with you and to offer integration in the heart of the Amazon.
At a time when our planet is calling out **YOU ARE READY.**"*

The OPENING: Creating the Pathway Forward

A five to seven day journey into the Remembrance of Self-Ascension

July 31 - August 7 includes the 3-day RARE AMAZONIAN integration



YES! We have been granted SPECIAL ACCESS to BE with an authentic Shuar tribe to fully integrate the journey!

This three day two night extension includes your transportation, hotel and meals , (except one lunch & dinner), PLUS Authentic ceremony at the “secret” waterfall and gentle river rafting on the Amazon and one on one connection with SACRED LIVING JAGUARS.

This is a ONCE IN A LIFETIME experience. We been are honored due to our special relationship with this tribe that they have offered this for our community.

This is a RARE opportunity and yours to experience for \$353!



**The Opening: The Pathway forward
Journey offers**

**DAILY LIFE-ENHANCING AUTHENTIC
CEREMONIES:**

OPENING FIRE ACTIVATION & CACAO EXPERIENCE

**PRE- DAWN GUAYUSA DREAM-SHARING ANCIENT
ACHUAR PRACTICE**

WATER INTEGRATION IMMERSION

LIVE INSOULMENT WITH I AM KIRA

PERSONAL ASCENSION TOOLKIT

SACRED LAND INTEGRATION PRACTICES



Explore the Ancient ONSITE
Petroglyphs & the message
they hold for NOW

*The Triple Goddess Lakes Labyrinth at Night...
one of three magical labyrinths you will discover*



Wild orchids on the TH trails



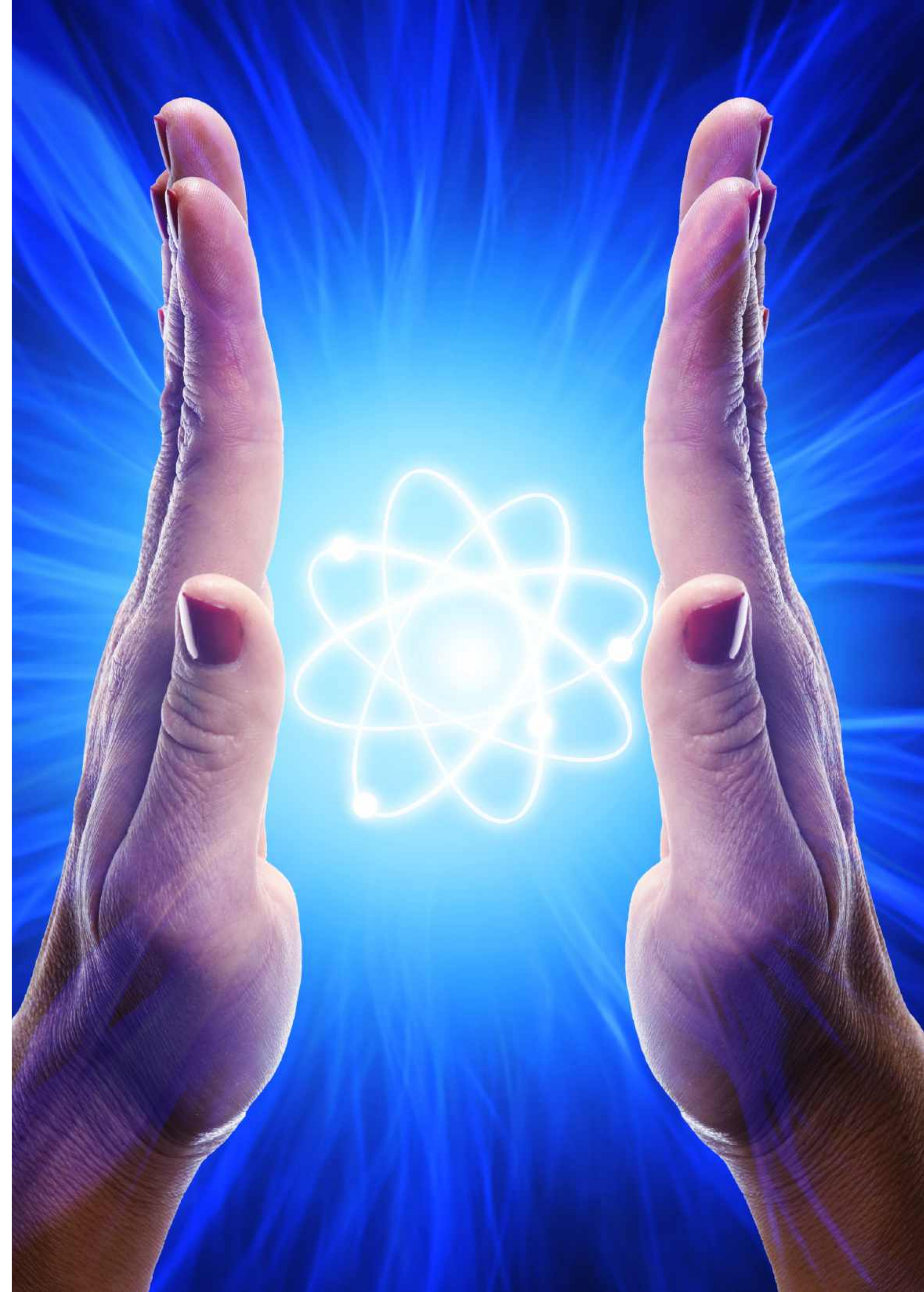
Sacred TEMESCAL onsite

Twelve Hummingbirds Sanctuary is your home for the journey that will forever shift the way you experience your life.

YOU BODY & SPIRIT WILL BE NOURISHED
WITH ORGANIC, MEDICINAL FOOD,
LOVINGLY GROWN, HARVESTED &
ALCHEMIZED WITH DEEP REVERENCE IN OUR
KITCHEN.

EVERY MEAL IS PREPARED TO SUPPORT YOUR
SELF-ASCENSION THROUGH THE
RECONNECTION OF YOUR HEART WITH
GAIA.

WANT TO CONNECT MORE? Grab a basket
and pick some of the fresh ingredients for your
meals from our onsite organic gardens.





Connect with your soul origins and IN-body them with conscious awareness

Day 1: Arrival at the Sanctuary and settle in and explore

- Together we will walk this sacred land and discover the magic. We will gather for an opening Cacao ceremony in the Temescal Followed by a Nurturing, Organic Community Dinner. A beautiful opportunity to connect with your "compadres".

Day 2: Wakeup to the Fresh Air, birds singing and the sound of the Amazon river flowing!

After a nourishing Breakfast we will begin with Guided Meditation and Breath work as we continue to connect and FEEL into our bodies. This morning we begin learning the processes and techniques of Ascension while noticing the fire within.

After lunch we will dive into the Expansiveness of your Ascend body and just before dinner you will enjoy a Photo Presentation of Earth's Destruction and Beauty.

This evening we will gather in ceremony around the fire and EXPAND!

Day 3 and Day 4: Expanding into In-Being, the gift of YOU

Together we will dive into the creative essence of our divine nature. Call forward the essence of your experience as you individualize your personal dream catcher to represent the tangible gifts that are unfolding.

We will integrate and share as we call forward the gift of accessing our-self!

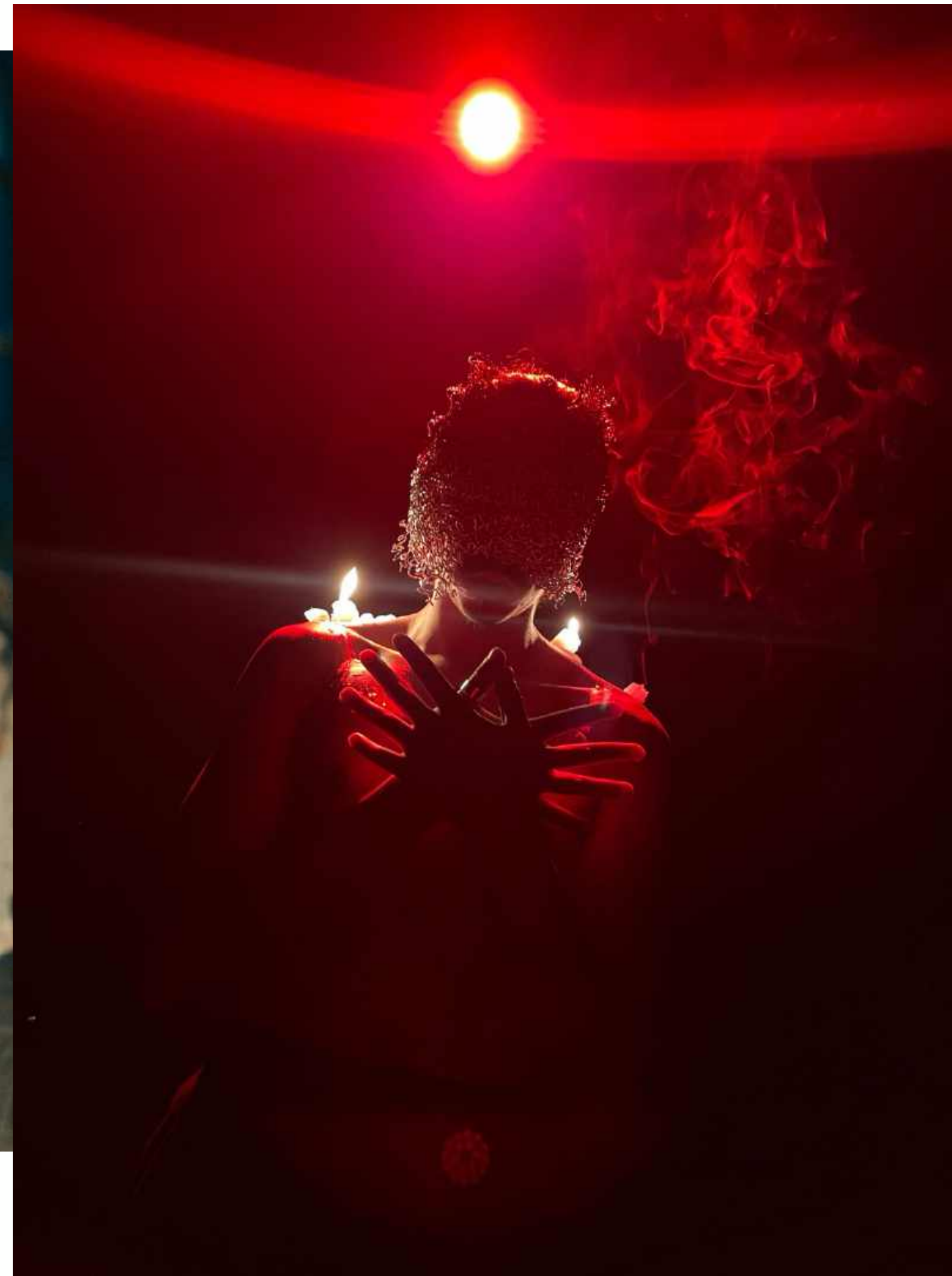
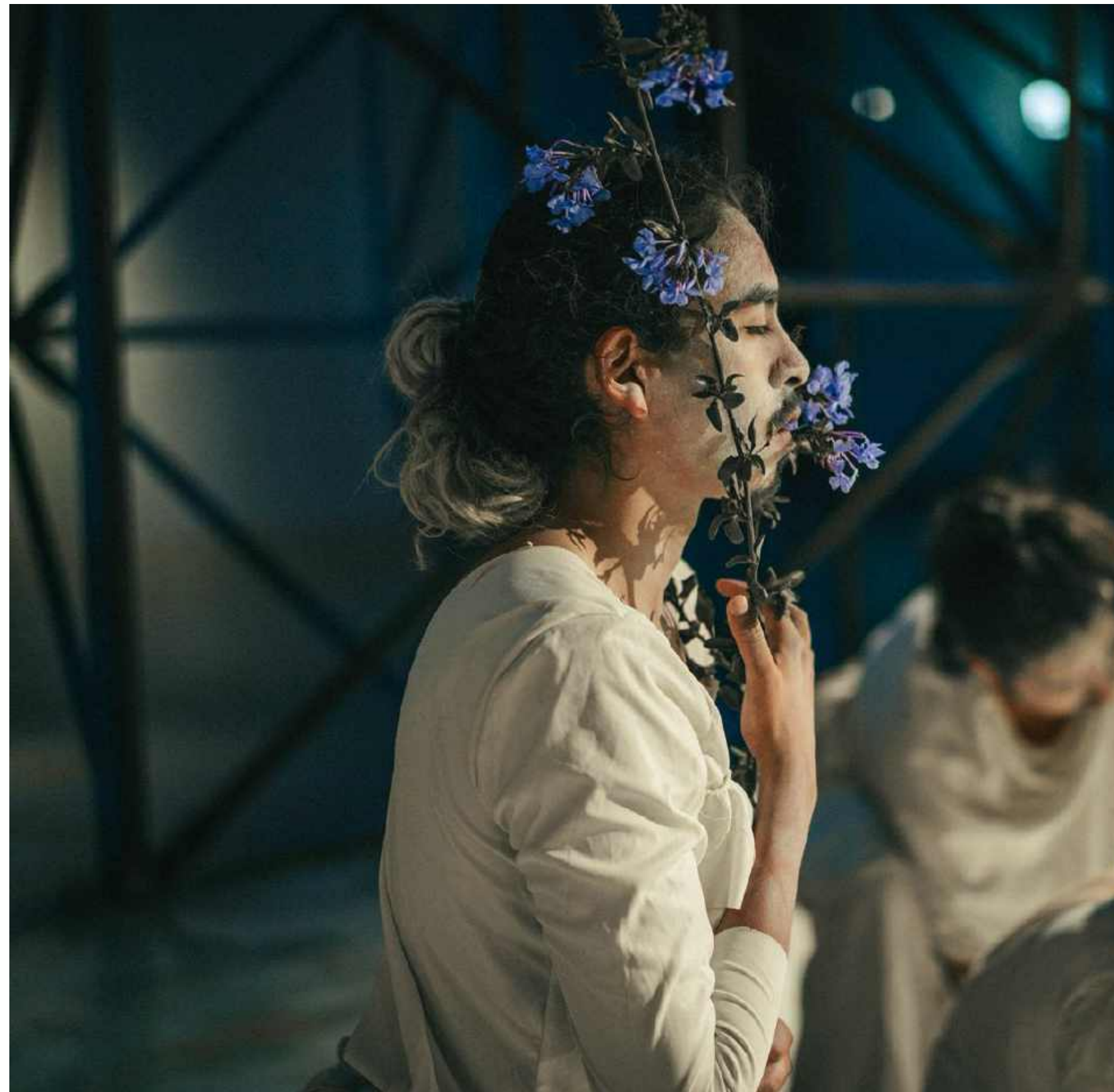
You will have a private session with Hank and/or Kira as your journey unfolds to assist you in achieving your sacred intentions!

As you integrate what you have learned and prepare to move forward and/or move into the depth of the mystical Amazon as an extension, we will arrive together...ready for the BOLD STEPS AHEAD!

Extended Private Sessions with Hank and/or Kira are also available during your stay and please reach out via email to schedule if you are interested.

Day Five: Wake up refreshed, balanced and READY TO MOVE FORWARD!

LEARN SACRED MOVEMENT WITH V2...THE DIVINE ONE WHO WILL BE ONSITE TO ASSIST YOU TO GENTLY LOVE YOUR BODY THROUGH MOVEMENT and AWARENESS!



V2 is an accomplished Japanese Bhutu dancer and Meditation Yoga master.

An onsite permanent resident at Twelve Hummingbirds V2's gentle spirit and rare talents will inspire you to go beyond where you have been before and soar.

*Mastery Journey Sessions, Fire ceremonies,
Temescal, Personal time, and an ALL-inclusive
journey. Imagine what you will call forward!*

**IN JUST ONE WEEK YOU WILL FEEL Deeply & EXPERIENCE
THE DEPTH OF YOUR CAPACITY TO CREATE AND BE!**

**EXPAND INTO YOUR DIVINE MASTERY PRESENCE
with the Peace, Love and the Joy of KNOWING!**

**YOU ARE READY TO NAVIGATE YOUR INNER MATRIX:
YOUR DIVINE MASTERY PRESENCE IS CALLING.**

REMEMBER HOW TO LIVE IN THE WORLD AS AN ASCENDED BEING

**Learn how to integrate SPIRITUAL ENERGY PRACTICES THAT RELEASE
Fear, Hesitancy and Doubt!**

**GAIN PRACTICAL TOOLS, PERSONAL INSIGHTS, AND THE KNOWLEDGE
TO TRANSCEND LIMITED PERSPECTIVES.**

NAVIGATE THE WORLD FROM THE SPACE OF YOUR ASCENDED HEART.

**AND THEN IF YOU HEART CALLS, JOIN US IN THE WILDS OF MYSTICAL
AMAZONIA**



SHAKTI EXCHANGE* DETAILS - Payment Options

**This Five day/Five Night ALL-INCLUSIVE Journey is ONSITE
AT The sacred lands of Twelve Hummingbirds and is only \$999.**

**AND! We have been granted approval to share sacred time in the HEART of MYSTICAL AMAZONIA for
integration! The three day/two night extension is a RARE Gift for only \$333!**

**With your journey you receive a FULL 20% discount on your lodging and visit
TwelveHummingbirdsRetreat.com to view the room selections. For the Amazon extension your room is
INCLUDED. If you would like to arrive early or stay after the extension your discount applies.**

Let us answer your questions, (support@SelfAscension.com), and feel free to call us.

See next page for early payment discounts and payment options...

Remember! You may arrange your airfare to arrive into either Quito, Guayaquil or Cuenca Ecuador.

*(If you fly into Quito you will need to take a local flight to Cuenca and often it is cost effective to book your
airfare to Quito and then purchase onward to Cuenca via Latam or Avianca airlines for around \$50!)*

Airport transportation starts at \$40 and can range to \$170 based upon your day/time/location of arrival.

Feel free to reach out for assistance with your reservations. We will do our best to group you with others!

You need to arrive at TH on July 31 BEFORE 4:00PM.

If you arrive into Guayaquil airport your flight MUST ARRIVE PRIOR TO 10am to arrive onetime at TH.

If you cannot arrive to TH before 4pm July 31, please arrive a day early!

**There are airport accommodations or transfer directly to TH early and enjoy all of the amenities as you adjust to the
mountain freshness! Your room discount applies for all nights you are here.**

Your \$999 SHAKTI EXCHANGE for The OPENING Journey includes:

- Three daily vegetarian meals, beverages and snacks for all days with your hotel room selection.
- All supplies, ceremonies and events as listed.
- ALL Program materials and Attunements

20% discount off ALL Nights at TH in a fully appointed casita.

In-room ORGANIC coffee/tea included. Includes bathroom w/ hot water, Unlimited wireless internet & purified drinking water.

Use of ALL amenities including pickle ball court, Indoor heated pool, jacuzzi, sauna, hiking trails and so much more!

Your international airfare and cost of transportation from Guayaquil or Cuenca airports is based upon arrival date & time. Please be mindful when making your plane reservations. We are happy to help!



SACRED LAND IMMERSION

Your \$353 SHAKTI EXCHANGE for the AMAZON Journey includes:

- **ALL Program materials**
- **Shuar community visit and exploration**
- **Sacred Waterfall Ceremonies**
- **Hotel for two nights in the Amazon** (*double occupancy, single available ask for details*)
- **Round trip transportation to and from the Amazon from Twelve Hummingbirds**
- **River rafting excursion - gentle water this is NOT heavy rapids**
- **Jaguar Rescue center**

Note... there are two meals NOT Included with this excursion that will cost about \$30 total



DIRECT MYSTICAL CONNECTION

Shakti Exchange Installment Plan

Four simple Steps to participate on the journey:

1. Your journey will be confirmed upon receipt of your \$299 non-refundable deposit or early one pay of \$899. For the Amazon Extension non-refundable deposit is \$53.
2. If you are choosing Plan A or B please advise with your deposit.
2. You will need valid passport to travel to Ecuador. Tourist visas are issued upon arrival without the need for application prior to arriving. Check Visa requirements for your country of origin.
3. Your passport must have at least six months remaining to enter Ecuador. Please check your dates.
4. We encourage you to purchase your airfare as soon as possible. There are **AMAZINGLY** affordable round trip tickets to and from Guayaquil, Ecuador! (GYE airport code) and Cuenca. From Cuenca, you are 45 minutes to Twelve Hummingbirds Andes Retreat & Sanctuary.

REMEMBER you MUST ARRIVE BEFORE 4pm July 31.

We are here to assist you with ALL of the details! Just ask and let us make this easy!

PLAN A: Main Program Balance of \$700 paid in one Installment prior to June 15, 2026. Amazon extension balance of \$300 paid in one installment prior to July 1, 2026.

PLAN B: Main program two equal payments of \$350 due on May 01 and June 01 2026

Amazon extension balance of two equal payments of \$150 due on May 20 and June 20, 2026.

You will receive a reminder prior to the due date. Payments made after the due date will be charged a \$25 late fee. Installment plans with multiple payments incur a \$25 administrative charge to setup the payments

If you need another payment option please advise us and we will do our best to accommodate

REFUND POLICY

Your \$299 main journey reservation deposit and \$53 Amazon extension deposit, secures a limited space and therefore is non-refundable for ANY/ALL reasons without exception.

Cancellation for any reason prior to June 10, 2026, *and if your spot is also filled by another person*, you will receive back 50% of your payments, (other than your reservation deposit of \$299 and \$53), upon confirmation & payment of the person filling your slot.

After June 10,2026 all payments are non-refundable.

IMPORTANT! RESERVE YOUR CHOICE OF ROOM NOW via an email to support@selfascension.com to secure your 20% discount!

A photograph showing the lower legs and feet of a person walking barefoot on a gravel path. The path is composed of small, greyish-brown stones and is bordered by larger, dark grey rocks. The person is wearing light-colored, possibly white, shorts. The background is slightly blurred, showing more of the path and some green foliage.

ANCIENT WISDOM INTEGRATION

A celestial scene featuring a starry night sky with a bright sun or star at the top center, emitting rays of light. The sun has large, white, feathered wings. A glowing path of light, composed of many small, colorful stars, leads from the bottom left towards the sun. The overall color palette is dominated by blues, purples, and golds.

To climb the mountain of this lifetime and Achieve Self-Ascension while in this body of form is WHY You were BORN! IT IS TIME